



# John Clare Kitchen Menus



Price per meal: £2.30 per child/ £3 per adult (inc. VAT)

Payment to be made via your ParentPay Account

Week One				
Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Yorkshire with Gravy	Breaded Chicken Grill In a Roll	Fish Pie	Pepperoni Pizza	Roast Beef and Yorkshire with Gravy
Quorn Sausage and Yorkshire Pudding Vegetable Gravy	Quorn Chicken Grill In a Roll	Vegetarian Nuggets	Margherita Pizza	Vegetarian Sausage and Yorkshire Vegetable Gravy
New Potatoes	Mini Roast Potatoes	Potato Salad	Chipped Potatoes	Roast Potatoes
Vegetable Selection	Vegetable Selection	Vegetable Selection	Baked Beans	Vegetable Selection
SALAD BAR AND BREAD				
Apple Crumble with Custard	Jam Sponge with Custard	Flapjack	Ice Cream	Shortbread

Week Two				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Meatballs In Tomato Sauce	Toad in the Hole	Tuna Pasta	Chicken Nuggets	Roast Pork Yorkshire Pudding with Gravy
Veggie Meatballs In Tomato Sauce	Vegetarian Toad in the Hole	Vegetable Bake with Herby Bread	Quorn Nuggets	Quorn Chicken Yorkshire Pudding Vegetarian Gravy
Spaghetti	Mini Roast Potatoes	Vegetable Selection	Chipped Potatoes	Roast Potatoes
Vegetable Selection	Vegetable Selection		Baked Beans	Vegetable Selection
SALAD BAR AND BREAD				
Oat Cookies	Gooey Chocolate Cake	Fudge Tart and Chocolate Sauce	Jam Sponge with Custard	Ice Cream Wafer

Week Three				
Monday	Tuesday	Wednesday	Thursday	Friday
Mild Chicken Curry with Naan Bread	Beef Pie	Sausages with Gravy	Fish Fingers	Roast Turkey and Yorkshire with Gravy
Pasta with Bolognese Sauce	Macaroni Cheese	Quorn Sausage with Vegetable Gravy	Quorn Nuggets	Quorn Chicken and Yorkshire Vegetable Gravy
Rice	New Potatoes	Herby Potatoes	Chipped Potatoes	Roast Potatoes
Vegetable Selection	Vegetable Selection	Vegetable Selection	Spaghetti Hoops	Vegetable Selection
SALAD BAR AND BREAD				
Fruit Crumble with Custard	Lemon Cake	Flapjack	Chocolate Chip Cake	Ice Cream Wafer

Available Daily:

Jacket Potatoes or Ham, Egg or Cheese Salad

The above two meal options must be ordered in advance

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Yoghurts, Bread and a selection of fresh fruit

Water, Squash or Milk

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ALL OUR FRUIT AND VEGETABLES ARE DELIVERED REGULARLY

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### School Tuck Shop—Fridays

We are currently selling a variety of healthy snacks with a carton of juice or bottled water. Varieties include: toast, cake, biscuit, yoghurt and fruit.

1 item and 1 drink	50p
1 item	30p
1 drink	30p

### Birthday Cake

Birthday cakes available in a choice of chocolate or plain sponge. Cakes are made to order and priced at £5.50 each. All cakes must be ordered at least a week in advance.



## Spring Menu 2017



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