



# Newsletter

Inspire ~ Nurture ~ Celebrate

office@johnclareprimary.org

13th February 2026

Dear Families,

This week, we have been exploring the theme of Children's Mental Health Week - 'This is my place' - in our Monday Meet-up sessions. What was very apparent in these sessions was that the children have a great sense of belonging at John Clare, which is so important to me and my staff team. Children have said that everyone in school is kind, they feel safe, have fantastic friends and fun in their learning.

We know as parents that screen time can adversely affect our children's mental health and wellbeing if not managed appropriately. The NSPCC has put together some interesting information for parents on this matter, including the appropriate use of screen time for children under 5 years, which you can access [here](#).



On a different note, our stocks of school branded sports kit and black choir t-shirts has markedly depleted! Please could we ask that you check for any that you may have forgotten that you have at home and return to school after half-term - thank you!

Have a wonderful half-term - let's hope that the weather improves!

Best wishes,

Mrs Nicolson

## Positive Posts

Ronnie C - for super participation during group work.

George J - for amazing science learning about plants.

Evie D - for working independently and being amazing all week!



## Allergy Awareness

Our school is allergy aware.

Due to pupil allergies, we request that food brought into school for lunch or snacks does NOT contain any nuts or sesame seeds: this includes hummus.



Parents/carers are only permitted to use the school carpark between: 7:30-8:00am and after 4:00pm\*

When using the carpark during these times, please drive carefully and considerately. We also ask that families are considerate when parking around the village.

\*with the exception of disabled badge holders



## Attendance

Class attendance for the week  
Buttercross & Swaddywell

Whole School attendance for the week

95.7%



Please sure that all absences are reported to the school office by 8:30am daily - please call 01733 252332

## Kitchen Menu

### Monday

Cottage Pie topped with cheesy mash

Quorn mince & lentil Cottage Pie

served with broccoli

### Tuesday

Citrus Chicken

Quorn & Citrus Vegetables

served wholegrain rice & green beans

### Wednesday

Pepperoni Pizza

Margherita Pizza

served with mixed salad

### Thursday

Omega 3 Fish Fingers

Veggie Dippers

served oven chips & baked beans/spaghetti hoops

### Friday

Roast chicken with stuffing & Yorkshire pudding

Quorn fillet with stuffing & Yorkshire pudding  
served roast potatoes, cauliflower cheese & peas

## Notice Board

February

w/c 16 HALF-TERM

27 Year 4 swimming starts (weekly on a Friday)

March

5 World Book Day!

30 Start of Easter Holidays

April

13 Back to school!

### Spring Term Stay and Shares

Following drop-off, please come straight into school for a 'Coffee and catch-up' with representatives from the staff team. Once registration is complete, you will be invited to join your child in their classroom to share their learning!

26th February - Broadwheel Class

12th March - Woodgate Class

19th March - Buttercross Class



Also available daily: salad bar, wholemeal bread and a selection of hot and cold puddings