



NEWSLETTER

Inspire ~ Nurture ~ Celebrate

Dear Families,

This week has been [Mental Health Awareness Week](#), with the theme being community. Mental health is connected to every little thing we do, every place we go and every person around us. Though tests can often cause feelings of worry and stress, affecting our mental health, I have been so impressed by our wonderful year 6s and our staff team this week during SATs. The entire school community has supported each other and our year 6 children through this tricky week and I know that this has enabled each and every one of them to achieve their personal best.



Our school community is so important and the children know this too. This week, the children have been thinking about what they enjoy most about John Clare School and unsurprisingly, friends, staff and community feature lots. Some of their learning will be on display tomorrow as part of the Helpston History Group's 'School Days' display - please feel free to drop into school tomorrow, between 1-4pm. School days are often such cherished memories!

Helpston Local History Group
A display relating to
'Schooldays in Helpston'
Saturday 17th May 2025, 1-4 pm
John Clare School Hall (60th anniversary)
Free entrance

Helpston Primary School - a photograph taken circa 1931

John Clare Primary School - newly built in 1985

Come and view our exhibition - all welcome.

Have a wonderful weekend!
Very best wishes,
Mrs Nicolson

Positive Posts

Jack P - for trying his very best and being an independent learner.

Isabelle S - for always being so kind and caring to everyone.



Children's Mental Health Week: Why reading for pleasure is vital for young minds

Reading for just 10 minutes a day can have astonishing benefits. Not only is it a brilliant way to relax and unwind, reading can also help boost your mood, provide an escape from the pressures of life and even reduce stress levels. Visit the [National Literacy Trust](#) to find out more.



IMPORTANT - Parking
Parents/carers are **only permitted to use the school car park between: 7.30am and 8.00am and after 4.00 pm***

When using the carpark during these times, please drive carefully and considerately. We also ask that families are considerate when parking around the village: please do not obstruct access to properties and keep the time you are waiting to a minimum.
* with the exception of Disabled Badge holders.

Class Attendance for the Week Woodgate

Whole School Attendance for the Week 97.72%

Please ensure that all absences are reported to the School Office by 8:30am daily - please call 01733 252332

Change of footwear



Please ensure that your child has a change of footwear in school every day, including PE days.



Some children have not been bringing a change of footwear on PE days and are having to wear their muddy trainers in the classrooms.

Nut and Seed Free School



Our school endeavours as far as possible to be a nut-free school, this includes sesame seeds.

Therefore we request that any food brought into school for lunches or snacks does not include any nuts or sesame seeds, this includes hummus.

John Clare Kitchen Menu – Week 2 – W/C 19/05/2025

Monday	Tuesday	Wednesday	Thursday	Friday
Cowboy Hotpot made with Sausages	BBQ Chicken Fajitas	Spaghetti Bolognese Mixed Salad	Salmon & Sweet Potato Fish Cakes	Turkey & Pepper Stir Fry
Cowboy Hotpot made with Vegetarian Sausages	BBQ Quorn Fajitas	Quorn Mince Bolognese	Veggie Nuggets	Mixed Vegetable Stir Fry
Served with Sliced Beans	Served with Sweet Potato Oven Fries	Served with Grated Cheese & Garlic Bread	Served with Oven Chips Baked Beans/Spaghetti Hoops	Served with noodles and Veg

Salad bar to include lettuce, tomatoes, sweet peppers, cucumber, sweetcorn and carrots
A selection of hot and cold puddings, freshly baked wholemeal bread, fruit and water

School Noticeboard

Please check our school website for [upcoming events!](#)

May 17 Helpston History - School Days in Helpston
w/c 26 Half-term

June 2 School Re-Opens
4 KS2 Trip to London to see Wicked
6 Sports Day! (Weather permitting)
24 Buttercross trip to The Bramble Patch
25-27 Year 6 residential trip to Hilltop
30 Year 4 residential